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#### **Ouick Facts:**

- The Kauai Independent Food Bank is the only Food Bank in the State that is accredited by the Hawaii Better Business Bureau...
- The Kauai Independent
   Food Bank is the smallest food bank in the state, yet feeds the largest population in the county.

www.kauaifoodbank.org

# The Poi Pounder

### What Goes Around Comes Around!

Who would have ever thought that former donors to the KIFB would now be asking for food?

Who would have ever thought that your neighbors and family would apply for and receive food stamps?



The KIFB now responds to food requests from over 20% of our total population, but as Jonathan Swift once said, "Nothing is so hard for those who abound in riches as to conceive how others can be in want." This year we "unmasked the face of hunger" and with your support, we are continuing to serve our community in need.

"How far you go in life depends on you being tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and strong. Because some day in life, you will have been all of these."

## Food Demand Levels Never Higher

After 16+ years of uninterrupted service, food demand is setting unprecedented records on Kauai. In 2008, we responded to about 58,000 requests for food. By 2010, requests topped 116,000; and if trends continue, we estimate a total of over 150,000 requests for food in 2011.

Never in our corporate history, have so few done so much with so little. And this is only possible BECAUSE OF YOU!

"If you can't feed 100 people, then feed just one."

**Mother Theresa** 

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## Board of Directors 2011

John Sydney Yamane President Hawaii Link Intern<u>et</u>

Brad Snyder Vice President Kauai Marriott Vacation Club

**Eileen Winters** Secretary Winters Realty

Rowena Cobb Treasurer Cobb Realty Instructor

Judy Arrigo JAA & Associates

Paul Douglass Matson Navigation, Retired

Randy Kozerski Publisher, The Garden Island

Thomas Lodico Vice President Ameriprise Financial

Susan Smith Nutritionist

#### Staff

Judith F. Lenthall Executive Director

Kristen Joy Collins Assistant Director

Sasha Figueira EBT Farmers' Market Manager

James Hughes Driver

Kalani Mahuka Warehouse Helper

Kelvin A. Moniz
Director Food Resources

Amy Perdue SNAP Outreach Worker

Wendi Rusaw Food Stamp Outreach Coordinator

Richard Sullivan Warehouse Supervisor

**Jona Villon** Operations Assistant

Vicky Viloria Accountant

## Message from the President



John Sydney Yamane

ALOHA! I just want to say Mahalo for everyone's kokua this year, for your time and contributions to the Food Bank. Even in these trying economic times, with a strong ohana of our partners, volunteers, and amazing staff, we are fulfilling our mission through a variety of programs — SNAP Outreach, Food Distribution, Keiki Cafe, Backpack Programs, Vocational Rehabilitation, and the EBT in the Farmer's Market P rogram. And finally, a big Mahalo to our strong Board of Directors who are active in governance, fiscal management, oversight and fund raising. Come to any of our Food Drive Days and meet our Board of Directors and say hi! We are all here to serve the community, and have done so for over 16+ years! Mahalo!

### Unmasking the face of hunger...

Auntie greets you with a warm smile every time you see her. You would never know that this kupuna depends on the food donations distributed every Wednesday at her church. All her life, she's worked hard, but her social security just isn't enough. In her own words, she said, "If not for food bank, I would go hungry." She continues, "Not just any food—"nutritious food!" Her praise is not just for KIFB but for the Church of the Pacific as well, "They are so unbelievably friendly at the Church—it's a highlight of my week getting food there!"

The face of hunger is every where around us. Thanks to generous donations from the community and our 51 Agency Partner Distribution Sites, we are able to feed those in need. Join us in helping to feed our neighbors, keiki, and kupuna – grab a few cans from your pantry and make a donation today! Your small donation will make a HUGE difference in someone's life.

"The food bank is a lifesaver. If not for the food bank, I would go hungry."

### Eight Most Wanted Items

Brown - Hapa Rice Ensure -Pediasure Canned Vegetables Canned Fruits Peanut Butter Canned Tuna Pasta Soup



# Holiday Food Drive October 14- December 16

## Volunteers are always needed and appreciated!

The holidays are a wonderful time of the year, gathering with family and friends- talking story, sharing a meal. Unfortunately, for many on our island, the pantry is empty.

Donations can be dropped off at the KIFB warehouse in Nawiliwili, or at any Fire Station on Kauai. Bags and donation envelopes will be in The Garden Island Oct. 16.

# 2011 Hawaii BBB Torch Award Recipient

Community Trust, Performance, Integrity



(Left to Right) Kelvin Moniz & Judy Lenthall, KIFB, Ed and Cynthia Justice (Hanapepe Talk Story Bookstore), Brad Snyder, KIFB Vice President, and John Sydney Yamane, KIFB President What an honor! This year the KIFB won the 2011 Torch Award for Public Charities for Community Trust, Performance and Integrity.

"The KIFB was recognized for its clear understanding of its mission and integration into the community," said the BBB. "The judges were impressed with its resourcefulness as well as its ability to collaborate with other organizations on all levels. Above all, the Kauai Independent Food Bank not only meets the standards set by the BBB – it exceeds them," they added.

This award program illuminates island businesses, charities and individuals who exemplify BBB's high ethical standards, accountability and transparency in their operations.

To be in compliance with Feeding America standards, food banks must secure accreditation from the BBB. The KIFB is the only food bank in the State accredited by BBB, meeting all 22 of the required charitable standards in governance, fund-raising, fair and honest solicitations, and performance.

Before you donate to a charity of your choice, check out www.hawaiibbb.org.



### Dine Out for Hunger August 12, 2011

Take a night off from cooking and treat yourself, your family, or a friend to a meal at one of Kauai's fine restaurants on August 12th. Dine Out for Hunger restaurants donate 10% of your bill to KIFB and help feed those in need on our island.

### Dine Out for Hunger Restaurants

Dozens of Kauai restaurants participate in this one-day event.
Check out the full restaurant list at www.kauaifoodbank.org



#### **Executive Director Message**

ALOHA! How exciting to have NEW programs this year for our community. Our Keiki Backpack Program is expanding to serve Niihauan youth at two Charter Schools on the Westside, and our EBT in the Farmer's Market Program is coming soon at the Koloa, Lihue, Kapaa Sunshine Markets as well as the Kauai Community Market at KCC. The KIFB continues to grow, innovative and serve — even in these times of record demand. We, of course, can't do it without you! Mahalo nui for your continued support. *Judith 7. Leuthall* 

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# Innovative Programs to Feed our Keiki!

## Keiki Café - 8th Year!

"Not enough money for food in the fridge," is all too common on Kauai and is a sad and tragic story that many families face each day. Keiki Café directly addresses this issue by providing nutritious meals that are prepared and served in an after school setting. These meals sustain the children through the day. The program is run in collaboration with the Boys and Girls Club-Waimea Clubhouse and in 2010 an average of 900 healthy meals were distributed to Westside youth. Youth very much look forward to the meal and express their gratitude with a simple "mahalo" or "you are the best" but also sadly many add, "this is the first time I have eaten today." How wonderful it is see the keiki's hungry eyes smile when they get their meal and see the nutritious food brings more energy and concentration into their afterschool learning activities. The program is more than a service- it offers hope and a future.

### Backpack Programs: Eastside and Ni'ihau Charter Schools

Thanks to a grant from Friends of Hawaii, the successful and much needed backpack program will expand to two Ni'ihau Charter Schools. Beginning in August 2011, each week, 50 youth at Ke Kula Ni'ihau O Kekha Learning Center Public charter School and Kula Aupuni Ni'ihau A Kahelelani Public Charter School will receive backpacks filled with nutritious food.

The Eastside program, which is in it's 5th year, is operated in collaboration with the Boys and Girls Club in Kapaa. In 2010, the program provided 2,228 backpacks filled with a total of 4,486 nutritious youth servings. The backpacks are distributed on Fridays supplementing their families with healthy food for the weekend.

## Spotlight: Plant-A-Row and Kalaheo Elementary School

Plant-A-Row was developed to encourage gardeners, growers, schools and farmers to grow just a little extra and donate their fresh, nutritious, and delicious produce to the KIFB. Planting one extra row is an easy, fun way to give back to the community and has been embraced by several schools on Kauai. In May, Kalaheo School third grade students had loads of fun harvesting their first crop of green beans. The same day, other students finished planting lettuce! T

Making a tangible difference in the lives of your hungry neighbors is as easy as

Planting an extra row in your garden!



Photo by Dennis Fujimoto, Garden Island Newspaper



# Donate a Vehicle Program Let us take the hassle out of selling your car

Have a car or truck you're thinking of selling?

Consider donating your vehicle to the

Kauai Independent Food Bank. Donating your vehicle is win-win....



- We deal with placing the ad, handle all the phone calls and appointments
   Your donation is tax deductible
- Best of all, your generous donation helps KIFB feed those in need on our beautiful island!.

# EBT Farmers' Market Program





At the Koloa, Kapaa and Lihue Sunshine Markets, and the Kauai Community Market at KCC, you will soon be able to use your EBT card to purchase tokens (see above) to buy fresh ono foods from local vendors! This one year pilot program is funded by USDA, the County of Kauai, and the Communities Putting Prevention to Work (CPPW).

### **EVERYONE BENEFITS!**

- Improve food selfsufficiency for Kauai
- Directly benefits
   Kauai small growers
   by expanding market
   sales!
- Increase consump tion of fresh local foods
- Improve nutrition for you and your family

# SNAP Outreach

Over \$500,000 in new SNAP dollars have been secured in the past year for the island of Kauai!



This equates to over

\$900,000 in economic benefit to the community. Our SNAPPERS, Wendi Rusaw and Amy Perdue, are ROCKING the island with their outreach efforts to help secure nutrition benefits to people who are entitled to SNAP, but not currently receiving them. And, they can help in the recertification process too. Call (808) 246-3809, Press Option 3 and in about 5 minutes you can see if your might pre-qualify for SNAP!

## Mahalo Party, 2011

**Unmasking the Face of Hunger!** 

This year We Unmasked the Face of Hunger at our Annual Mahalo Party!



MAHALO to our donors, agencies, Board of Directors, awesome volunteers, and staff for all your kokua this year!



Kristen Collins and Jona Villon

### George Washington Carver



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#### **RETURN SERVICE REQUESTED**

### **Mission Statement**

- ♦ Prevent Hunger
- ♦ Provide nutritious food for the hungry
- Respond to emergencies

# Come Join Us for the Holiday Food Drive, 2011 Call 246-3809, Ext. 102



Spring and Summer Food Drive, 2011